



# St. Peter's Episcopal Church

30 Church Street

P. O. Box 513, Hebron, CT 06248

860-228-3244

The Rev. Ronald Kolanowski, Rector

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**THE FIRST SUNDAY IN LENT ~ 8:00 A.M.**

**HOLY EUCHARIST, RITE 1 ~ *The Book of Common Prayer***

**February 22, 2026**

## **Opening Sentences**

Celebrant: Bless the Lord who forgiveth all our sins.

***People: His mercy endureth for ever.***

**The Decalogue**

**BCP page 317**

**The Confession**

**BCP page 320**

**Kyrie eleison (*Lord have mercy*)**

**BCP page 324**

**The Collect of the Day:** Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## **The First Reading: Genesis 2:15-17; 3:1-7**

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader: The Word of the Lord. *People: Thanks be to God.*

## **The Psalm: Psalm 32**

### ***Beati quorum***

- 1 Happy are they whose transgressions are forgiven, \*  
and whose sin is put away!**
- 2 Happy are they to whom the LORD imputes no guilt, \*  
and in whose spirit there is no guile!**
- 3 While I held my tongue, my bones withered away, \*  
because of my groaning all day long.**
- 4 For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer.**

- 5** Then I acknowledged my sin to you, \*  
and did not conceal my guilt.
- 6** I said," I will confess my transgressions to the LORD." \*  
Then you forgave me the guilt of my sin.
- 7** Therefore all the faithful will make their prayers to you in  
time of trouble; \*  
when the great waters overflow, they shall not reach  
them.
- 8** You are my hiding-place;  
you preserve me from trouble; \*  
you surround me with shouts of deliverance.
- 9** "I will instruct you and teach you in the way that you  
should go; \*  
I will guide you with my eye.
- 10** Do not be like horse or mule, which have no  
understanding; \*  
who must be fitted with bit and bridle,  
or else they will not stay near you."
- 11** Great are the tribulations of the wicked; \*  
but mercy embraces those who trust in the LORD.
- 12** Be glad, you righteous, and rejoice in the LORD; \*  
shout for joy, all who are true of heart.

### **The Second Lesson: Romans 5:12-19**

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is

not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader: The Word of the Lord. ***People: Thanks be to God.***

The Holy Gospel of our Lord Jesus Christ

***People: Glory be to thee, O Lord***

**The Holy Gospel Matthew 4:1-11**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights,

and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

‘One does not live by bread alone,  
but by every word that comes from the mouth of  
God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

‘He will command his angels concerning you,’  
and ‘On their hands they will bear you up,  
so that you will not dash your foot against a stone.’”

Jesus said to him, "Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

‘Worship the Lord your God,  
and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

Celebrant: The Gospel of our Lord Jesus Christ

***People: Praise be to thee, O Christ***

**Sermon**

**The Rev. Ronald J. Kolanowski**

**The Nicene Creed**

**BCP page 326**

**The Prayers of the People**

**BCP page 328**

## **The Peace**

Celebrant: The Peace of the Lord be always with you

***People: And with thy spirit.***

## ***Announcements***

## **The Holy Communion**

**The Great Thanksgiving ~ Eucharistic Prayer I**

**BCP page 333**

**The Lord's Prayer (*in unison*)**

**BCP page 336**

**The Breaking of the Bread**

Alleluia. Christ our Passover is sacrificed for us;

***People: Therefore, let us keep the feast. Alleluia.***

**Agnus Dei (*O, Lamb of God*)**

**BCP page 337**

**Communion**

**Post Communion Prayer (*in unison*)**

**BCP page 339**

**The Blessing**

**Dismissal**

***People: Thanks be to God. Alleluia.***

## **Remembrances and Thanksgivings for February 22, 2026**

**We pray for our clergy:** Sean, the Presiding Bishop; Jeff & Laura, the Bishops of CT; for our priest Ron; for Doug, our seminarian; for our deacons Donna & Marge; and for all bishops, priests and deacons;

**In the Diocesan Cycle of Prayer,** we pray for St. John's, Guilford; Grace & St. John's, Hamden; Christ Church Cathedral, Hartford; Christ Church Cathedral's ministry in Hartford, the Cathedral Chapter & the honorary canons of our Cathedral, *The Church of Ireland*

**In St Peter's Cycle of Prayer**, we pray for all our parish family, especially for Cindy Brinkman, Marge Roccoberton, Maria Amara, Steve Konopka, Claire Bracaglia and for those who are listed in our Continuing Prayers list that you would heal all injuries, comfort all grief, and settle all wrongs. We pray for those who have died.

**We pray for those who celebrate their birthdays this week:** especially Carolyn Bourchard (2/22), Barbara Mondrach (2/26), Cynthia Brinkman (2/27) and for those celebrating anniversaries.

**We pray for the deceased.**

### **Continuing Prayer List**

Ann, Dolores, Michael H, Carolyn Aubin, Eileen, Bonnie R., Renee, Fran, Sarah, Leslie Vallee, Kelly Johnson, Mario, Maria, John Lumsden, Rosemarie, David Rigby, Roberto Rodegher, Len & Kim Begin, Sheila, Peter & Barbara Farren, Peggy Cobb & family, Andrew, Adrian Mandeville, Neal, Loretta, Robin, Brenda, Jim, Richard Taylor, Judy Knox, Star, Norm, Aimee Goodrich, Justin, Derek Anderson, Janet Nixon, Bill D., Steve Dubin, Ryan, Marlin Corbean; Brian; Kathryn & Olivia; Caroline, Ron Lamp, Lou & Heidi Schluntz, Ambrosio Vidal & Family, Jeannette Farren, Rina Bettancourt; Susan Hicks & family, Ann Valerio.



## **Wednesday in Lent**

**4:30-6:15 p.m.**

**Feb 25, March 4, 11, 18 and 25**

### **Soup for the Body, Soul, and Spirit**

#### **4:30 Love and Kindness Mindful Meditation**

In this time of division, noise and competing voices for our time and our minds we find it difficult often to slow down, to find silence amid the chaos and feed our spirit. Our own parishioner Carissa Johnson who is both a Christian and a practicing Buddhist skilled in the art of meditation will provide a space for us to find solace and silence as we invite love and kindness into our soul through this half hour of peace. Even if you have never meditated before this is an opportunity for you to try on this practice in the familiar space of our beautiful church.

#### **5:00p.m. Stations of the Cross**

Following the meditation session at 5p.m. we will hold the ancient Lenten observance of the Stations of the Cross. The stations follow The Via Dolorosa, literally “the sorrowful way.” It is the traditional route in Jerusalem that tradition tells us our Lord traveled on the day of His crucifixion with 14 stations beginning with Jesus being condemned to death by Pilate, to the place of His burial in the tomb on Mount Calvary. The sessions will be led by JoAnn Osmond with the assistance of other parishioners.

#### **5:30-6:15p.m. Soup and Bread Supper**

Following the stations of the cross we will gather in the parish hall for a simple soup and bread supper. We will have both fresh and gluten free bread. We will end by 6:15 since the Scouts will be coming in to set up for their 7p.m. meeting in the hall.

## Upcoming

### Community Conversation

# Church Street Commons

Learn about the planned mixed-income housing development  
to be built on Church Street in Hebron.

**March 12, 2026**

**6:30 - 8pm**

St. Peter's Episcopal Church Phelps  
Hall, 60 Church Street

### **PANELISTS**

**Ron Kolanowski**, pastor of St. Peter's Church and vice president  
of Commons CDC

**Rob Mangiafico**, president, Commons CDC

**Kathy Dorgan**, architect for Church Street Commons and principal  
of Dorgan Architecture & Planning in Storrs

**Senator Cathy Osten**, State Senator for the 19<sup>th</sup> District  
(unless legislative matters preclude her attendance)

**Brock Williams**, senior project manager for Grow America



Sponsored by Commons Community Development Corporation (CDC)  
[www.commonscdc.org](http://www.commonscdc.org)

**St. Peter's Sanctuary Performing Arts  
Invites You to a Post Maple Fest Event  
St. Patrick's Day Cabaret & Dinner with  
"The Callithumpians"**



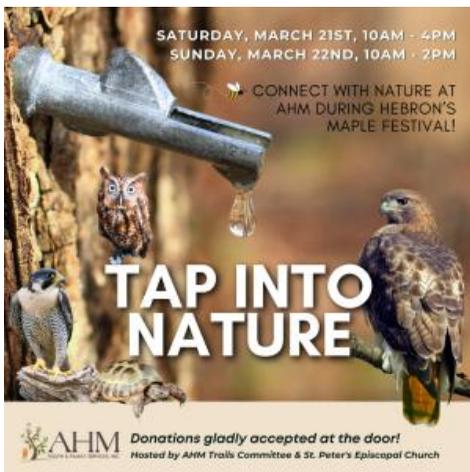
**Sunday, March 22, 2026 4-6p.m.  
St. Peter's, 30 Church St.**

**Evening of Celtic music & dinner of  
meat or vegetarian stew and bread.**

**You may bring alcoholic beverages.**

**Non-alcoholic beverages are served.**

**Suggested Donation \$15 Per Person**



## St. Peter's AHM Tap Into Nature Event 2026!

AHM Youth & Family Services and St. Peter's Episcopal Church partner each year to host the very popular "TAP INTO NATURE" event during Hebron's Maple Festival.

Save the date for this year's event, scheduled to be held on Saturday, March 21st from 10 am – 4 pm and Sunday, March 22nd, from 10 am – 2 pm.

Tap Into Nature is located both indoors & outdoors at AHM Youth & Family Services, located at 25 Pendleton Drive in Hebron. **All ages are welcome!**

Tap Into Nature features both **indoor and outdoor** activities, weather permitting. This event is a day filled with fun for all ages; from young children to teens to parents and seniors. Everyone is welcome to attend! **AHM 25 Pendleton Drive, Hebron**

### Saturday, March 15th, 10:00 am – 4:00 pm

- Blue Moon Raptors **11 am – 12:30 pm, & 1:30 pm – 3 pm**
- Riverside Reptiles
- Hebron Pollinator Pathway & Audubon Society Exhibit
- Maple Syrup Demonstration
- Animal Tracks & Signs
- Hebron's Paths & Trails & Composting 101
- Crafts & Activities indoor & outdoor!

### Sunday, March 16th, 10:00 am – 2:00 pm

- Blue Moon Raptor – Birds of Prey **11:30 am – 1: 00 pm**
- Riverside Reptiles
- Hebron Pollinator Pathway & Audubon Society Exhibit
- Outdoor Maple Syrup Demonstration
  - Hebron's Paths & Trails
  - Animal Tracks & Signs Composting 101
  - Crafts & Activities indoor & outdoor!

**Daily Lenten Meditations** – During the entire season of Lent, you are invited to use the daily online devotionals from Episcopal Nun Sister Monica Claire, Sister Superior of the Sisters of John the Baptist, Mendham, NJ. She has been asked to lead these devotions for all of us in The Episcopal Church on behalf of the Episcopal Relief and Development. Link to her daily online meditation and all the materials is:

<https://www.episcopalrelief.org/church-in-action/lent/>

### **On Going Activities**

- **Balance Class: Mondays 10:15 a.m. \$5 per session.**
- **Cub Scouts: 1st Mondays 5:30-7 p.m.**
- **Hebron Greater Together Community Fund: 3<sup>rd</sup> Tuesdays 6-8 pm**
- **Buildings & Grounds: first Tuesdays, 7 p.m.**
- **Boy Scouts: Wednesdays, 7 p.m.**
- **Vestry: Third Thursdays, 6 p.m.**
- **BNI (Business Networking International): Fridays, 7:30-8:30 a.m.**