

The Fourth Sunday after the Epiphany

February 8, 2026 at 10 a.m. ~ Rite 2

Opening Hymn: #7 “Christ, whose glory fills the skies”

Celebrant: Blessed be God: Father, Son and Holy Spirit

People: And blessed be his kingdom now and forever.

Glory to God #S-280

1. Glory to God in the high - est, and
peace to his peo-ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa-ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

Celebrant: The Lord be with you.

People: And with thy spirit

Celebrant: Let us pray.

Collect of the Day: Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The First Lesson Isaiah 58:1-9a, [9b-12]

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed

go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

[If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.]

Reader: The Word of the Lord ***People: Thanks be to God***

The Psalm: Psalm 112:1-9, [10]

Beatus vir

1 Hallelujah!

Happy are they who fear the Lord *
and have great delight in his commandments!

2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed.

3 Wealth and riches will be in their house, *
and their righteousness will last for ever.

4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.

5 It is good for them to be generous in lending *
and to manage their affairs with justice.

6 For they will never be shaken; *
the righteous will be kept in everlasting remembrance.

7 They will not be afraid of any evil rumors; *
their heart is right;
they put their trust in the Lord.

8 Their heart is established and will not shrink, *
until they see their desire upon their enemies.

9 They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honor.

[10 The wicked will see it and be angry;
they will gnash their teeth and pine away; *
the desires of the wicked will perish.]

The Second Reading: 1 Corinthians 2:1-12, [13-16]

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that

your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard,
nor the human heart conceived,

what God has prepared for those who love him"—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned.

Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

“For who has known the mind of the Lord
so as to instruct him?”

But we have the mind of Christ.]

*Reader: The Word of the Lord. **People: Thanks be to God.***

Sequence Anthem

Celebrant: The Holy Gospel of our Lord Jesus Christ

People: Glory to you, Lord Christ

The Holy Gospel: Matthew 5:13-20

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but

whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Celebrant: The Gospel of the Lord *People: Praise to you, Lord Christ*

Sermon

The Rev. Ronald J. Kolanowski

Creed written by 2019 confirmation class:

We believe in God who is creator of all things, known and unknown. We believe God is the ruler of all who redeems us and saves us from sin and death. We believe God is universal, everywhere, infinite and powerful.

We believe Jesus, who is God's only begotten Son is the incarnation of the Trinity. Jesus is God's servant who provides for us. He carries out God's plans and is always present in our lives. Jesus is the one who brings hope and is the healer of outcasts and sinners. He is the loving shepherd of Israel and our teacher, the guardian of peace and most holy prophet.

We believe in the Holy Spirit—the mystery of our faith from which all ideas flow and source of our inspiration. She is the uniting force of all things and the manifestation of the Trinity and hope of all peoples. This Spirit is the guide to righteousness and the purpose of life.

We believe the Church is the uniting force for freedom, truth and justice. The church is a safe place to worship God; the shrine of the Trinity. It is the place of holy repentance, refuge and healing. The Church builds a sense of community in the world.

The Prayers of the People

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishops and all clergy and people, let us pray to the Lord.

Lord, have mercy.

In the Diocesan Cycle of Prayer, we pray for St. David's, Gales Ferry; St. James', Glastonbury; St. Luke's, Glastonbury; Church musicians: organists; choirs & choir directors; bands; community chorister programs; parish & diocesan committees on liturgy, music & worship; Hong Kong Sheng Kung Hui

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For those who rejoice this week as they celebrate their birthdays especially for Eva Baez (2/9), Benjamin Sullivan (2/12) and for those celebrating anniversaries that they might obtain joy and gladness, and sorrow and sighing might flee away, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, remembering especially those who are listed in our Continuing Prayers list, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace. let us pray to the Lord.

Lord, have mercy.

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Presider: For what else shall we pray on this day?

Presider: Source of light and gladness, accept the prayers we offer in this joyful season. May we grow in Jesus Christ who unites our lives to yours and who is Lord for all eternity through Jesus Christ our Lord.

The Confession

BCP, p. 360

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Announcements

The Holy Communion

The Offertory

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory Hymn #436 “Lift up your heads, ye mighty gates”

The Doxology is sung while the offering is brought to the altar.

***Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host;
Praise Father, Son, and Holy Ghost.***

The Great Thanksgiving

Eucharistic Prayer B

BCP page 367

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus #S-130

Schubert, arr. Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and might,
Ho - ly, ho - ly, ho - ly Lord,
God of power and might,
heav - en and earth are full,
Ho - san - na in the high - est. Ho - san - na in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation... Therefore, according to his command, O Father,

Celebrant and People:

***We remember his death, We proclaim his resurrection
We await his coming in glory.***

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine...

And now, as our Savior Christ has taught us, we are bold to say

The Lord's Prayer

Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: Therefore, let us keep the feast. Alleluia.

Fraction Anthem: #712 “Dona nobis Pacem” sung 3x

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Do - na no - bis pa - cem, pa - cem. Do - na no - bis

pa - cem.

Post Communion Prayer (in unison)

BCP, pg. 365

The Blessing

Closing Hymn: #488 “Be thou my vision, O Lord of my heart”

Dismissal

People: Thanks be to God. Alleluia, Alleluia.



4th Annual Valentine's Day Concert

February 15, 2026 at 3:00p.m.

St Peter's Church, 30 Church Street, Hebron, CT

Reserve your ticket under Upcoming Events at:

www.stpetershebron.com

A \$10-\$20 Goodwill Offering is Encouraged at the Door

Reception to Follow to Meet the Artist

For the fourth year, performer Jason Castonguay provides us with a musical Valentine of Love. In the style of the Great American Songbook, you will find yourself singing along and tapping your toes to Valentine Love Songs.



Mardi Gras Bash

Tues., Feb. 17, 2026

5-7pm

Phelps Hall,
St. Peter's Church
30 Church Street
Hebron, CT

Download from
Dreamstime.com

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Download from
Dreamstime.com

The Annual Shrove Tuesday Pancake Supper is getting a face-lift. It will be anchored by pancakes plus more. This year, will feature a *breakfast buffet*. You will be able top your pancakes with various fresh fruits, syrup, whipped cream, chocolate sauce and chocolate chips. For our gluten free friends, we will prepare gluten free French toast. There will be bacon as well as sausage and the traditional canned peaches. There will also be a juice bar with orange, Apple, and cranberry juice along with sparkling wine to make mimosas. We also welcome Paczkis a traditional Polish pre-Lenten pastry. A play list of Mardi Gras music takes us to Bourbon Street in the French Quarter. Before we start start we will step outside to burn last year's Palm Sunday palms to be used for Ash Wednesday the following day. So please bring palms from last year. Once we observed this ritual we will serve food.

There is a sign-up list so we can all pitch in to bring this party to life. You will find a sign-up sheet in the back of church, as well as on the table in the Foyer of Phelps Hall or call the parish office at 860-228-3244.



**Wednesday in Lent
4:30-6:15 p.m.
Feb 25, March 4, 11, 18 and 25**

Soup for the Body, Soul, and Spirit

4:30 Love and Kindness Mindful Meditation

In this time of division, noise and competing voices for our time and our minds we find it difficult often to slow down, to find silence amid the chaos and feed our spirit. Our own parishioner Carissa Johnson who is both a Christian and a practicing Buddhist skilled in the art of meditation will provide a space for us to find solace and silence as we invite love and kindness into our soul through this half hour of peace. Even if you have never meditated before this is an opportunity for you to try on this practice in the familiar space of our beautiful church.

5:00p.m. Stations of the Cross

Following the meditation session at 5p.m. we will hold the ancient Lenten observance of the Stations of the Cross. The stations follow The Via Dolorosa, literally “the sorrowful way.” It is the traditional route in Jerusalem that tradition tells us our Lord traveled on the day of His crucifixion with 14 stations beginning with Jesus being condemned to death by Pilate, to the place of His burial in the tomb on Mount Calvary. The sessions will be led by JoAnn Osmond with the assistance of other parishioners.

5:30-6:15p.m. Soup and Bread Supper

Following the stations of the cross we will gather in the parish hall for a simple soup and bread supper. We will have both fresh and gluten free bread. We will end by 6:15 since the Scouts will be coming in to set up for their 7p.m. meeting in the hall.