

The 5th Sunday after the Epiphany ~ February 4, 2024 ~ 10 a.m.

Opening Hymn: #1 "Father, we praise thee, now the night is over"

Celebrant: Blessed be God: Father, Son and Holy Spirit

People: And blessed be his kingdom now and forever.

Gloria

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1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - - men.

Collect of the Day: Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The First Lesson: Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high, and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint,

and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader: The Word of the Lord. *People: Thanks be to God.*

The Psalm: Psalm 147:1-12, 21c

**1 Hallelujah! How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!**

**2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.**

**3 He heals the brokenhearted *
and binds up their wounds.**

**4 He counts the number of the stars *
and calls them all by their names.**

**5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.**

**6 The LORD lifts up the lowly, *
but casts the wicked to the ground.**

**7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.**

**8 He covers the heavens with clouds *
and prepares rain for the earth;**

**9 He makes grass to grow upon the mountains *
and green plants to serve mankind.**

**10 He provides food for flocks and herds *
and for the young ravens when they cry.
11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.
21 Hallelujah!**

The Second Lesson: 1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader: The Word of the Lord. ***People: Thanks be to God.***

Celebrant: The Holy Gospel of our Lord Jesus Christ

People: Glory to you, Lord Christ

The Holy Gospel: Mark 1:29-39

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant: The Gospel of the Lord ***People: Praise to you, Lord Christ***

Sermon

The Rev. Ronald J. Kolanowski

The Nicene Creed

BCP, p. 358

Prayers of the People Form VI

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Leader: In peace, we pray to you, Lord God.

Silence

Leader: For all people in their daily life and work;

People: For our families, friends, and neighbors, and for those who are alone.

Leader: For this community, the nation, and the world;

People: For all who work for justice, freedom, and peace.

Leader: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice and oppression.

Leader: For all who are in danger, sorrow, or any kind of trouble; especially Lianie Gorcenski Unteruber, Ray Litwin, David Rigby, and those on our Continuing Prayer List.

People: For those who minister to the sick, the friendless, and the needy.

Leader: For the peace and unity of the Church of God;

People: For all who proclaim the Gospel, and all who seek the Truth.

Leader: For Michael, the Presiding Bishop, for Jeff and Laura our Bishops, Ron our priest, Donna & Marge our deacons and all the presbyters, priests & deacons, and all who minister in Christ, and for all the holy people of God.

People: For all who serve God in his Church.

Leader: For the special needs and concerns of this congregation.

Silence

Leader: Hear us, Lord;

People: For your mercy is great.

Leader: We thank you, Lord, for all the blessings of this life.

Silence

Leader: We will exalt you, O God our King;

People: And praise your Name for ever and ever.

Leader: We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

Leader: Lord, let your loving-kindness be upon them;

People: Who put their trust in you.

For what else shall we pray today?

Scout Sunday Responsive Reading (*Scouts and leaders are invited to come up front. Eagle scouts in the congregation are invited to join the scouts in the responsive readings*)

Celebrant: When Scouts across the country make their oath, they agree also to live by the Scout Law. The basic principles of this law are not new but have existed for centuries.

Scouts: On my honor I will do my best:

People: Speak truth to your neighbors, for we are members of one another. Justice, and only justice you shall pursue.

Scouts: To do my duty to God and my country

People: Whoever resists authority resists what God has appointed.

Scouts: and to obey the Scout Law

People: Love one another with mutual affection. Let us love, not in word or speech, but in truth and action.

Scouts: To help other people at all time.

People: You shall love your neighbor as yourself. Thus says the Lord of hosts: show kindness and mercy to one another.

Scouts: To keep myself physically strong, mentally awake, and morally straight.

People: God's temple is holy and you are that temple.

Scouts: A Scout is: Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.

People: Let us not grow weary in doing what is right. Whenever we have an opportunity, let us work for the good of all.

Scouts: This is the oath and law which we, as Scouts, promise to keep. They are laws of the past and the present which can help us build a better future.

Presentation of Scout Sunday Badges and Check.

Celebrant: Almighty God, Bless these young people who have committed themselves to the pursuit of Scouting. Allow their minds to be broadened, their hopes to be raised, and their futures filled with promise as they grow in knowledge and wisdom through Scouting. As they learn more about You and Your ways, may they be inspired to reach out in service to all in need as they strive to become disciples in our world today.

May all their efforts guide each of them to know, to love, and to serve You now and throughout their lives. We ask this blessing through the name of the one who taught us how to love and serve. **AMEN.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Announcements

The Holy Communion

Book of Common Prayer page 361

The Offertory

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory Hymn #423 “Immortal, invisible, God only wise”

The Great Thanksgiving

Eucharistic Prayer B

BCP page 367

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give him thanks and praise.

Sanctus: S-125 “Holy, holy, holy Lord”

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
san - na in the high - est. Ho - san - na in the high - est.
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

And now, as our Savior Christ has taught us, we are bold to say,

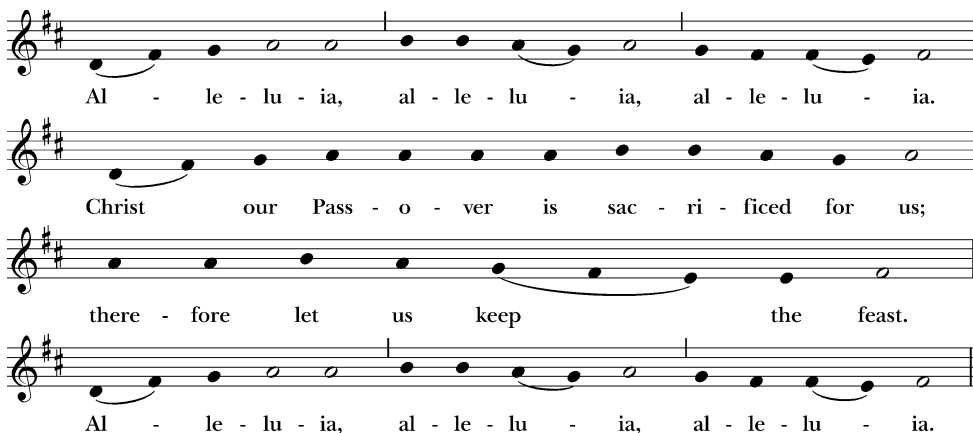
The Lord’s Prayer

BCP, page 364

Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us;
People: Therefore, let us keep the feast. Alleluia.

Fraction Anthem: S-154



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plain-song*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Post Communion Prayer (*in unison*)

BCP, pg. 365

The Blessing

Closing Hymn #529 "In Christ there is no East or West"

The Dismissal

People: Thanks be to God

Postlude

Parish Family Remembrances and Thanksgivings for February 4, 2024

We pray for our clergy: Justin, the Archbishop of Canterbury; Michael, the Presiding Bishop; Jeff & Laura, the Bishops of Connecticut; for our priest Ron; for our deacons Donna & Marge; and for all bishops, priests and deacons;

In the Diocesan Cycle of Prayer we pray for we pray for Christ & the Epiphany, East Haven; St. John's, East Windsor; Christ's Church, Easton; Holy Trinity, Enfield Comite Hispano, Spanish-language Cursillo, Latino/Hispanic ministries in CT; The Anglican Church of South America.

In St Peter's Cycle of Prayer, we pray for all our parish family, especially Bp. Curry, Ray Litwin, David Rigby, and those on our Continuing Prayer List.

We pray for those who celebrate their birthdays this week and for those celebrating anniversaries.

We pray for the deceased.

Continuing Prayer List

Judy Knox, Judy, Evan, Jarrod, Mia, Tim, Bill, Herb Altsher, Andy, Jinny, Alexa, Brett Schulki, Wilson, Jeff Baez, Scott Warren, Ashley Joline; Christine Comeau, Christopher Page, Austin Fritz; Sue & Harry Denaker Chris Bendoraitis; Robert Bouchard; Star, Laura Beaudoin, Bill, Milton Porter, Steve Dubin, Peggy Cobb, Ryan, Joan Hamilton, Ella & Nicole, Roberto Rodegher, Noel, Marlin Corbean; Nelson Moore; Ron Lamp, Brian, Kathryn & Olivia; Tom Robbins & Ti, Caroline, Louis Houle, Aimee Goodrich, Cara Begin, Derek Anderson, Justin, Janet Nixon, Bill.:Patricia Angelou, Rina Bettancourt; Susan Hicks & family, Daryl, Scott Goodrich, Ambrosio Vidal & Family, the Farren Family.

On Going Activities

- Balance Class: Mondays 10:00 a.m. \$5 per session.
- Cub Scouts: 1st Mondays 5:30-7 p.m.
- Friendship Café (Memory Clinic): Tuesdays 10-2 p.m. on hiatus
- Buildings & Grounds: first Tuesdays, 7 p.m.
- Boy Scouts: Wednesdays, 7 p.m.
- Vestry: Third Thursdays, 7 p.m.
- BNI (Business Networking International): Fridays, 7:30-8:30 a.m.

Jason Castonguay's Valentines Day Concert:

Jason will be with us once again, on Sunday February 11 (next Sunday) at 3 p.m. and will delight us with a Valentine's Day concert with love songs and more. Please join us for a heart-warming afternoon. A Goodwill Offering is encouraged.

P.S. You will still get home in time for the Super Bowl
Please see the flyer printed below.

Sanctuary Performing Arts presents

*A Valentine of Love from Jason
Castonguay in Concert*

**Sunday, February 11 at 3 p.m.
at St. Peter's Episcopal Church
30 Church St., Hebron, CT**

A Goodwill Offering is Encouraged



Jason performs in the great American Songbook Tradition, interpreting the classics with his own brand of joy and enthusiasm. He will delight us all as he takes us on a journey of love and remembrance this Valentine's Day.

Sponsored by a generous grant from
the *Hebron Greater Together
Community Fund*



