

The 4th Sunday after the Epiphany ~ January 28, 2024 ~ 9 a.m.

## Opening Hymn: #437 "Tell Out, My Soul"

Celebrant: Blessed be God: Father, Son and Holy Spirit

*People: And blessed be his kingdom now and forever.*

Gloria

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1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

**The Collect of the Day: Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.***

### **The First Lesson: Deuteronomy 18:15-20**

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

Reader: The Word of the Lord. ***People: Thanks be to God.***

### **The Psalm: Psalm 111**

#### **1 Hallelujah!**

**I will give thanks to the LORD with my whole heart, \*  
in the assembly of the upright, in the congregation.**

- 2 Great are the deeds of the LORD! \***  
they are studied by all who delight in them.
- 3 His work is full of majesty and splendor, \***  
and his righteousness endures for ever.
- 4 He makes his marvelous works to be remembered; \***  
the LORD is gracious and full of compassion.
- 5 He gives food to those who fear him; \***  
he is ever mindful of his covenant.
- 6 He has shown his people the power of his works \***  
in giving them the lands of the nations.
- 7 The works of his hands are faithfulness and justice; \***  
all his commandments are sure.
- 8 They stand fast for ever and ever, \***  
because they are done in truth and equity.
- 9 He sent redemption to his people;**  
he commanded his covenant for ever; \*  
holy and awesome is his Name.
- 10 The fear of the LORD is the beginning of wisdom; \***  
those who act accordingly have a good  
understanding; his praise endures for ever.

### **The Second Lesson: 1 Corinthians 8:1-13**

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader: The Word of the Lord. ***People: Thanks be to God.***

Celebrant: The Holy Gospel of our Lord Jesus Christ  
**People: Glory to you, Lord Christ**

**The Holy Gospel: Mark 1:21-28**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Celebrant: The Gospel of the Lord    ***People: Praise to you, Lord Christ***

**Sermon**

**The Rev. Ronald J. Kolanowski**

**The Nicene Creed**

**BCP, p. 358**

**Prayers of the People Form VI**

**BCP, p. 392**

Leader: In peace, we pray to you, Lord God.

*Silence*

Leader: For all people in their daily life and work;

***People: For our families, friends, and neighbors, and for those who are alone.***

Leader: For this community, the nation, and the world;

***People: For all who work for justice, freedom, and peace.***

Leader: For the just and proper use of your creation;

***People: For the victims of hunger, fear, injustice and oppression.***

Leader: For all who are in danger, sorrow, or any kind of trouble;  
especially John S., Ray Litwin, Bishop Curry, David Rigby,  
and those on our Continuing Prayer List.

***People: For those who minister to the sick, the friendless, and  
the needy.***

Leader: For the peace and unity of the Church of God;

***People: For all who proclaim the Gospel, and all who seek the  
Truth.***

Leader: For Michael, the Presiding Bishop, for Jeff and Laura our  
Bishops, Ron our priest, Donna & Marge our deacons and  
all the presbyters, priests & deacons, and all who minister  
in Christ, and for all the holy people of God.

***People: For all who serve God in his Church.***

Leader: For the special needs and concerns of this congregation.

*Silence*

Leader: Hear us, Lord;

***People: For your mercy is great.***

Leader: We thank you, Lord, for all the blessings of this life.

*Silence*

We will exalt you, O God our King;

***People: And praise your Name for ever and ever.***

Leader: We pray for all who have died, that they may have a  
place in your eternal kingdom.

*Silence*

Leader: Lord, let your loving-kindness be upon them;

***People: Who put their trust in you.***

For what else shall we pray today?

**Confession**

**BCP p. 360**

**The Peace**

Celebrant: The peace of the Lord be always with you.

***People: And also with you.***

**Announcements**

## **The Holy Communion**

**Book of Common Prayer page 361**

**The Offertory**

Celebrant: Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

**Offertory Hymn #448 “O love, how deep”**

**The Great Thanksgiving**

**Eucharistic Prayer B**

**BCP page 367**

Celebrant: The Lord be with you.

***People: And also with you.***

Celebrant: Lift up your hearts.

***People: We lift them to the Lord.***

Celebrant: Let us give thanks to the Lord our God.

***People: It is right to give him thanks and praise.***

## Sanctus: S-125 “Holy, holy, holy Lord”

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
san - na in the high - est. Ho - san - na in the high - est.  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

And now, as our Savior Christ has taught us, we are bold to say,

### The Lord's Prayer

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### Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us;

***People: Therefore, let us keep the feast. Alleluia.***



## Fraction Anthem: S-154

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

**Post Communion Prayer (*in unison*)**

**BCP, pg. 365**

**The Blessing**

**Closing Hymn # 493 "O for a thousand tongues to sing"**

**The Dismissal**

**People: Thanks be to God**

**Postlude**

## Parish Family Remembrances and Thanksgivings for January 28, 2024

**We pray for our clergy:** Justin, the Archbishop of Canterbury; Michael, the Presiding Bishop; Jeff & Laura, the Bishops of Connecticut; for our priest Ron; for our deacons Donna & Marge; and for all bishops, priests and deacons;

**In the Diocesan Cycle of Prayer** we pray for Epiphany, Durham; St. Gabriel's, East Berlin; St. Stephen's, East Haddam; All Saint's, East Harford; Ministries to, with, and for the deaf; The Anglican Church of Southern Africa. **In St Peter's Cycle of Prayer**, we pray for all our parish family, especially Bp. Curry, Ray Litwin, David Rigby, and those on our Continuing Prayer List.

**We pray for those who celebrate their birthdays this week** remembering especially Kathy Kniep (1/29), Bryan Perkins (1/31), Derek Perkins (1/31), Tessa Gianoni (2/3), and those celebrating anniversaries.

**We pray for the deceased.**

### **Continuing Prayer List**

Judy Knox, Judy, Evan, Jarrod, Mia, Tim, Bill, Herb Altsher, Andy, Jinny, Alexa, Brett Schulki, Wilson, Jeff Baez, Scott Warren, Ashley Joline; Christine Comeau, Christopher Page, Austin Fritz; Sue & Harry Denaker Chris Bendoraitis; Robert Bouchard; Star, Laura Beaudoin, Bill, Milton Porter, Steve Dubin, Peggy Cobb, Ryan, Joan Hamilton, Ella & Nicole, Roberto Rodegher, Noel, Marlin Corbean; Nelson Moore; Ron Lamp, Brian, Kathryn & Olivia; Tom Robbins & Ti, Caroline, Louis Houle, Aimee Goodrich, Cara Begin, Derek Anderson, Justin, Janet Nixon, Bill, Patricia Angelou, Susan Hicks & family, Rina Bettancourt; Daryl, Scott Goodrich, Ambrosio Vidal & Family, the Farren Family.

## On Going Activities

- Balance Class: Mondays 10:00 a.m. \$5 per session.
- Cub Scouts: 1<sup>st</sup> Mondays 5:30-7 p.m.
- Friendship Café (Memory Clinic): Tuesdays 10-2 p.m. on hiatus till 1/30
- Buildings & Grounds: first Tuesdays, 7 p.m.
- Boy Scouts: Wednesdays, 7 p.m.
- Vestry: Third Thursdays, 7 p.m.
- BNI (Business Networking International): Fridays, 7:30-8:30 a.m.

**No Freeze Crew** - Look for an email that gets us started on January's Saturday meal, which will include a special donation surprise from one of our members! To Join this amazing crew, email Carissa Johnson at [dcfamily6@gmail.com](mailto:dcfamily6@gmail.com).

Warmly, Carissa Johnson

